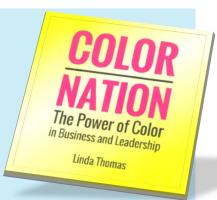
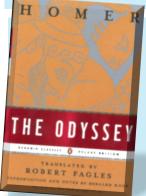


"Living in the Village" by Ryan C. Mack: It is often said "It takes a village to raise a child", so the strength of that child rest on the shoulder's of the villagers. Of all the books we study and review here at PEP, this one had to be my favorite. It was also the scariest for me; this book touches on "freedom" in many ways—and freedom for some of us can be a bit daunting—because we covet it so. A clear, personal, step-by-step plan to achieve financial freedom—for yourself and your community. Many of us have never even had a job, a house, a car or even a bank account, so it's safe to say that a lot of us are not prepared or knowledgeable about saving for retirement either. This book is a survival guide and one book I plan to take and carry with me when I am released!

"Color Nation" by Linda Thomas: Yeah, I'm sure most of my brothers here—me included—will be wearing a lot more purple shirts in the future after reading this book! A powerful and compelling book that introduces a new color concept—your closet is a tool box, which colors can and will affect you and the people around you on a deep psychological level. The power that certain colors contain and their psychological and physical associations they carry is a compelling enough reason to want to read this book, but the fun format, the history lessons, the evidence behind these colors will forever change the way we view them and their influence in the world.



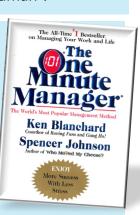


"The Odyssey" by Homer (translated by R. Fagles): Great Literature has an ability to create an epic tale that resonates with all readers on some level; The story of Odysseus (also known as the Hero's Journey) is one that takes place over a twenty year span, and shows one man's will to return home to his family and homeland—despite having to deal with so much adversity and hardships along the way. This epic journey celebrates virtues of military, religious, political and historic significance. King Odysseus embodies many of the virtues of ancient Greek civilization and in many ways defines them, though he shows his human and flawed nature—which often leads him into trouble. Yeah, many of my "brothers" can relate to this story! "To Err is to be Human".



## "The one minute manager" by Ken Blanchard & Spencer Johnson:

Here is a book that transcends beyond the job site and into our very lives, due to its universal appeal. Read this book and you will see why it has been a bestseller for more than two decades. Still to this day, many will pick up this guide to refresh their managerial techniques; It's fast, simple—and it works! Easy to read book that proves three very practical methods and secrets: One minute goals, One minute praising, and One minute reprimands. Read this book and you will know exactly where you can apply it to your everyday life.



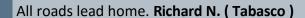
## 

Top my family, I love you and I want to make you proud. Alejandro A. ( Pineapple Fanta )

To all my family I love you all and cannot wait to see you. John L. ( Pooh Bear )



To my daughter, I love you very much love always, Your Dad. Alfredo R. ( Strawberry Fanta )





I love you and miss you all. Eric H. (Little Tavo)





To my Family; I love you and cannot wait to see you all. Clifton O. (Randy Watson)



I love you and miss you, be home soon. Brandon C. ( Major Payne)



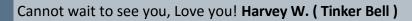
## Decidons



I love you and all of ya'll. Juan M. (lil' Peeps)



I love you and I will be home soon. Scott F. (Cherry Tootsie Pop)





To my family; I love you and miss you. Guillermo G. (Skittles)



May God continue to bless you this year. Zachary F. (Waldo)



I love you and miss you. David B. ( Dr. Evil )



To all my family whom I love so much may God bless you. Kenneth T. (Cool Running's)



I love you and I am coming home soon. Carlos V. (Donatello)



## Toastmasters.

think our brother Says it Charles H. best; at the end of every PEP event; he explains the three biggest fears that most people have in common: The fear of going to prison, the fear of dancing in public and the fear of public speaking. Well, us PEP brothers know all about those three fears! We not only know those fears—but we make it a mission to conquer them! Today we recognize one of those fears and enter the realm and potential of Toastmasters.

Glossophobia; the fear of public speaking. Few things have



the fear factor that this simple activity does. Grown men are reduced to trembling weaklings.

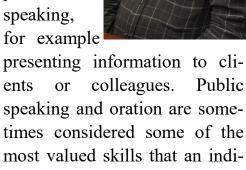
Intense anxiety, physical

distress, nausea or feelings of panic are all common. The toughest men in our society avoid this at all costs. Sweaty hands and faces, shaky knees and "butterflies in the stomach", dry mouth and closedthroat—all up common symptoms and displayed acts we will witness and experience during our Toastmaster meetings. Silly and strange that even our hardest criminals find these speeches to be the scariest and hardest moments that they have and will endure while incarcerated. Even months after



completion—we still fear those moments, but I believe that mostly all agree that those moments are also our most cherished. It is overwhelming and encouraging to witness just how much Toastmasters helps—on so many levels! Learning how to deliver a "pitch" and conquer public speaking teaches us a valuable transferable skill set that will only bright-

en our future goals and opportunities. Most careers require some ability in public speaking, for example



vidual can possess.

(cont.)

Each speaker will give ten speeches during the course of the program. Each speech has an objective: inform, influence or entertain. Speakers will not only be evaluated by content but also their use of body language or visual aids. Each speaker will be evaluated on the objectives of the speech in an always constructive manner. The audience will be asked to participate in an impromptu fashion if called upon. The ability to think on one's feet becomes critical if you're put on